essen

CATALOGUE PART II

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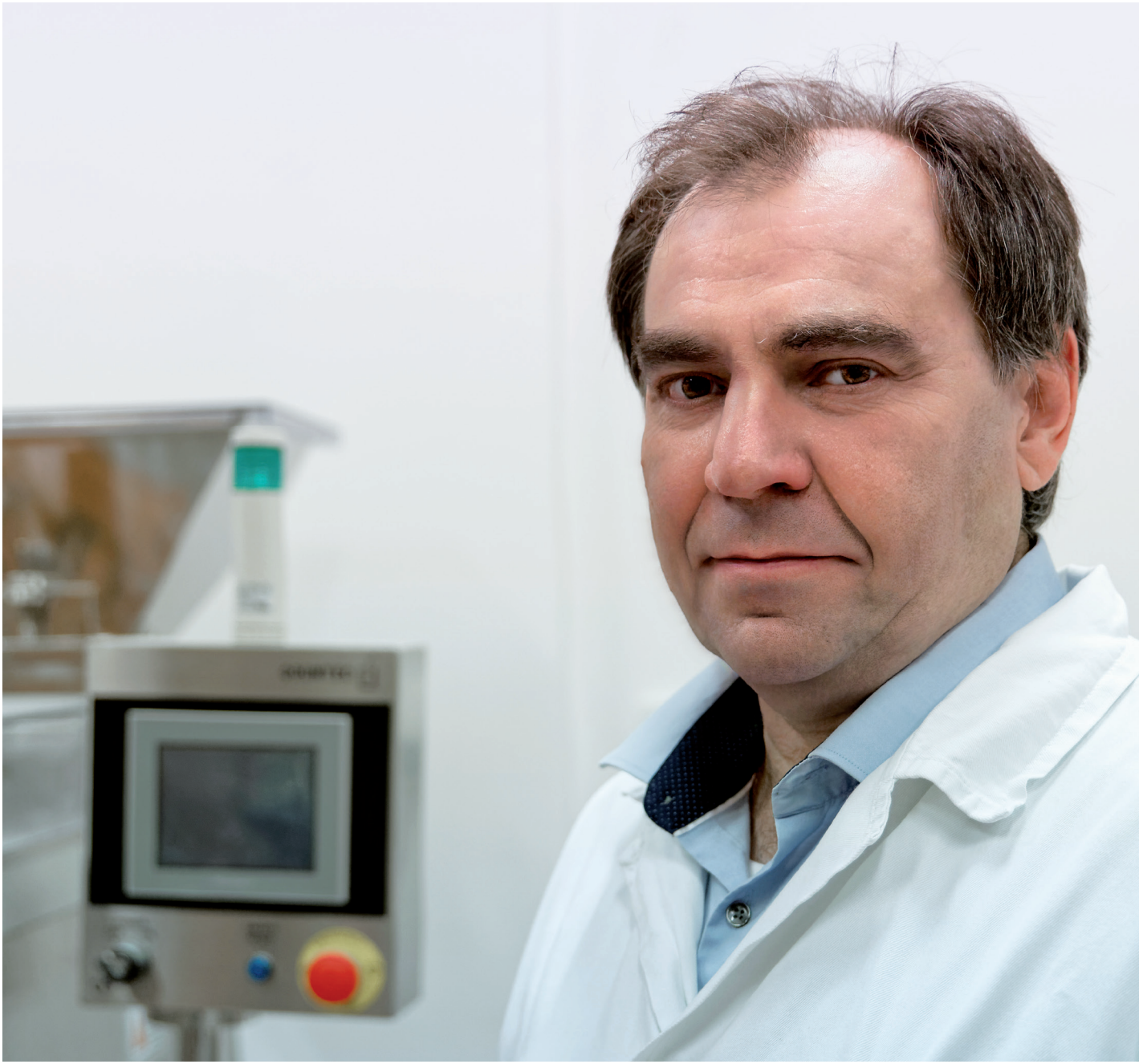


meet pharmdr. milan krajicek

PHARMDR. MILAN KRAJÍČEK IS A RECOGNISED EXPERT IN THE WORLD OF PHARMACY. WITH ESSENS HE SERVES AS A SUPERVISORY BOARD MEMBER WHOSE NAME HAS BEEN ASSOCIATED WITH US FROM NEAR THE VERY BEGINNING. HE IS AN INTERNATIONALLY RESPECTED EXPERT WHO DEALS WITH THE DEVELOPMENT, RESEARCH AND PRODUCTION OF NATURAL, NUTRITIONAL SUPPLEMENTS, MEDICINES AND HEALTH COSMETICS. HE ACTIVELY COOPERATES WITH SEVERAL PRESTIGIOUS UNIVERSITIES AND CLINICS AND HE REGULARLY PUBLISHES KNOWLEDGE FROM HIS RESEARCH AND CLINICAL STUDIES IN SPECIALISED, INTERNATIONAL JOURNALS. WE ARE HONOURED THAT SUCH A PERSONALITY IS THE AUTHOR OF A WIDE RANGE OF ESSENS PRODUCTS. THEY ARE, THANKS TO THE EXCEPTIONAL KNOWLEDGE FROM THE MEDICAL AND PHARMACEUTICAL ENVIRONMENT, DEVELOPED SO THAT THEY WOULD BE RANKED BY THEIR QUALITY AND HIGH EFFICIENCY, AMONG THE ELITE PRODUCTS, IN THE WORLD MARKET.

home pharmacy

WE COME INTO DAILY CONTACT WITH A NUMBER OF CONTAMINANTS. WE BREATHE, CONSUME AND ABSORB AN UNBELIEVABLE AMOUNT OF POLLUTANTS. THE LIST OF GLOBAL DISEASES IS EXPANDING, THE NUMBERS OF THE AFFLICTED ARE RISING, MEDICINES THAT SHOULD RELIEVE THE PROBLEM ARE SYNTHETICALLY MANUFACTURED AND CAN OFTEN HARM OUR BODIES MORE THAN HELPING THEM. BECAUSE OF THIS, THE MOST RECENT TREND HAS BECOME THE USE OF HERBS AND NATURAL MEDICINES, WHICH WERE FIRST USED HUNDREDS OF YEARS AGO, FOR THEIR HEALING EFFECTS. THANKS TO THIS, EACH YEAR, THE IMPORTANCE OF FOOD SUPPLEMENTS HAS BECOME AN ESSENTIAL PART OF OUR DIETARY GROWTH. WITH THIS GROWTH, ESSENS CONTINUES TO BRING THESE PURELY NATURAL AND HIGHLY EFFECTIVE FOOD SUPPLEMENTS.

ESSENS Home Pharmacy

- supplements containing the highest possible quality of active ingredients
- developed and manufactured under pharmaceutical supervision in the Czech Republic
- production is subject to GMP certification under the auspices of WHO - (the World Health Organization) and HACCP certification - (hazard analysis and critical control points determination) and under the auspices of the Ministry of Agriculture according to EU directives
- active substances are obtained exclusively from natural sources
- used materials are not prepared by chemical method
- products are not tested on animals
- products do not contain sugar, gluten nor lactose, are made from plant material, are completely safe and non-addictive

Hi-tech production - top revolutionary technological processes:

- micronization
- inhibition of enzymes
- multilayer coating of tablets / pellets

Micronization
is a method by which pharmaceuticals, natural substances, vitamins and minerals increase their bioavailability. It is the progressive reduction of raw material to a particle size of several micrometers. The resulting substance, thanks to its larger molecular surface, creates conditions for the improvement and acceleration of dissolution in the body and ultimately, a higher efficiency food supplement.

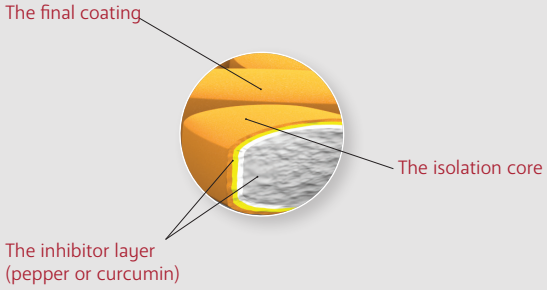
Inhibition of enzymes
is a process which results in the reduced activity of enzymes - proteins produced by living organisms which act as a catalyst to bring about many biological processes. Slowing the activity of enzymes leads to an ideal dissolution time of the tablet, natural ingredients pepper and curcumin perform this function perfectly .

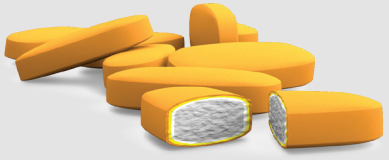
Multilayer coating
a tablet or pellet is a unique technology which first appeared on the world market for the ESSENS Home Pharmacy products. Successively depositing several layers with different contents of active substances, the dissolution of the tablet is optimally timed, which leads to revolutionary effects that can be very difficult to achieve through conventional methods.

Why are ESSENS Home Pharmacy food supplements used according to biorhythm?

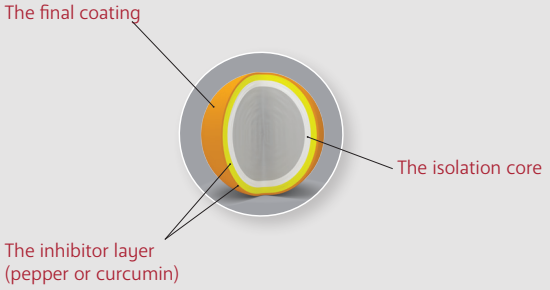
- biorhythm is the regular alternation of physical and mental conditions that affect the body, individual organs and cells
- circadian rhythm - the length of a biorhythm repeats within seconds, minutes, hours and days
- circatrigintan rhythm - the length of a biorhythm repeats within months
- circa-annual rhythm - the length of a biorhythm repeats within years
- dosing ESSENS Home Pharmacy food supplements according to the circadian rhythm ensures the highest efficiency and maximum effect is achieved

Technology of tablet manufacture





Technology of pellet manufacture



Obesity and being overweight are the main factors for a series of chronic diseases. To lose weight does not only mean to look better. To lose weight means to take care of your health.

price 60 tablets

36,40 €

ESSENS Slim‘SS

purely natural food supplement developed and manufactured under pharmaceutical supervision

- helps those who want or must reduce their bodyweight and those who want to maintain their bodyweight
- camellia sinensis helps the body use fat as an energy source, stops water from storing in the body and supports the metabolism, it also has anti-inflammatory effects, works as an antioxidant and slows down the signs of ageing
- apple fibre reduces appetite and provides the feeling of fullness
- black pepper slows the function of digestive enzymes, contributes to a better absorption of effective ingredients into the organism which leads to a maximum effect in the body
- contains caffeine
- without artificial colouring, sugar, gluten or lactose

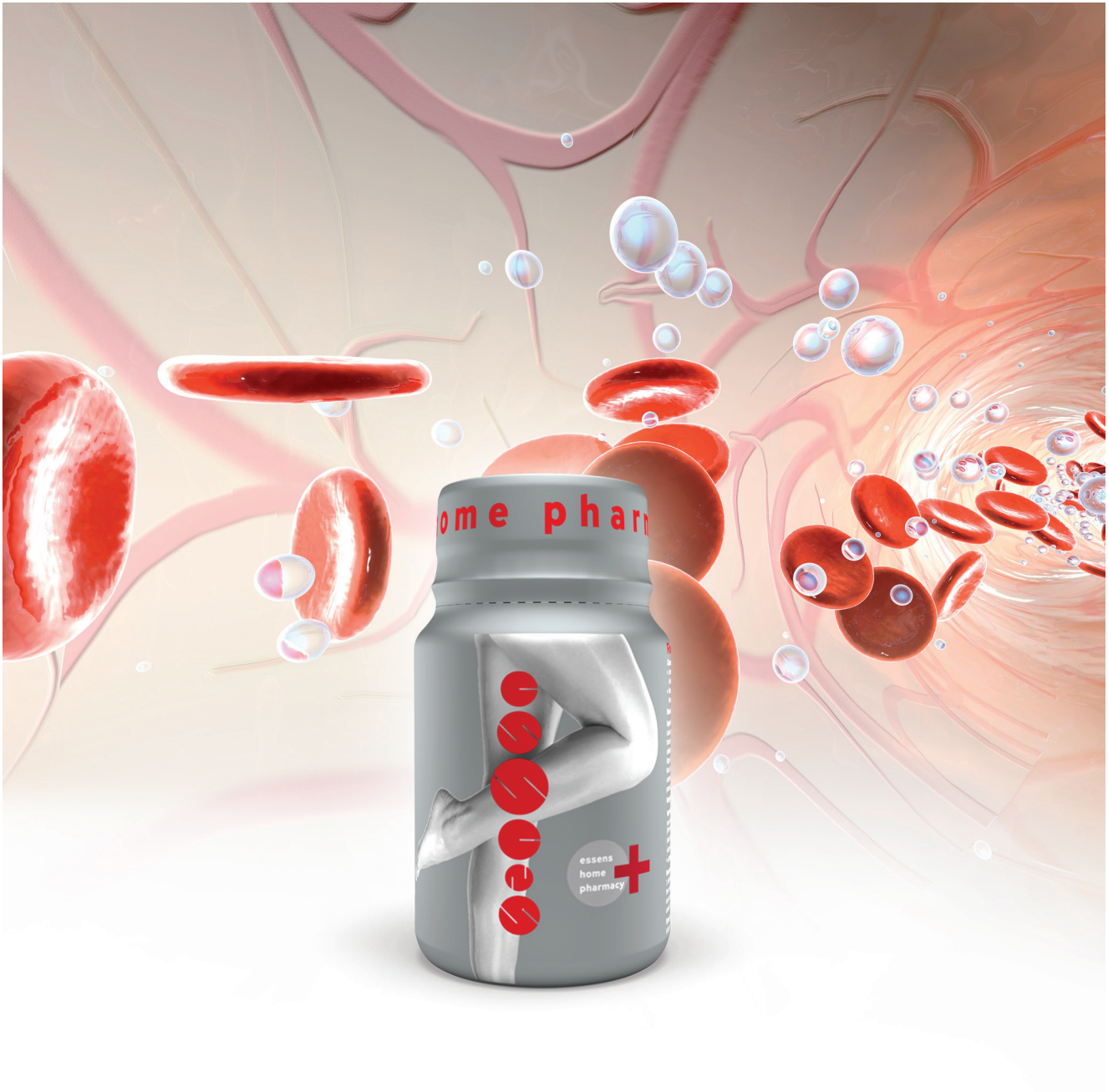
ESSENS Slim‘SS vit

purely natural food supplement developed and manufactured under pharmaceutical supervision

- vitamins A, D, E and K in one tablet, dissolvable in fats
- we recommend using this product in the second month of regular usage of Slim‘SS
- given for free with 2 months of Slim‘SS treatment
- without artificial colouring, sugar, gluten or lactose

price 30 tablets

4,40 €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ESSENS Flow'EN

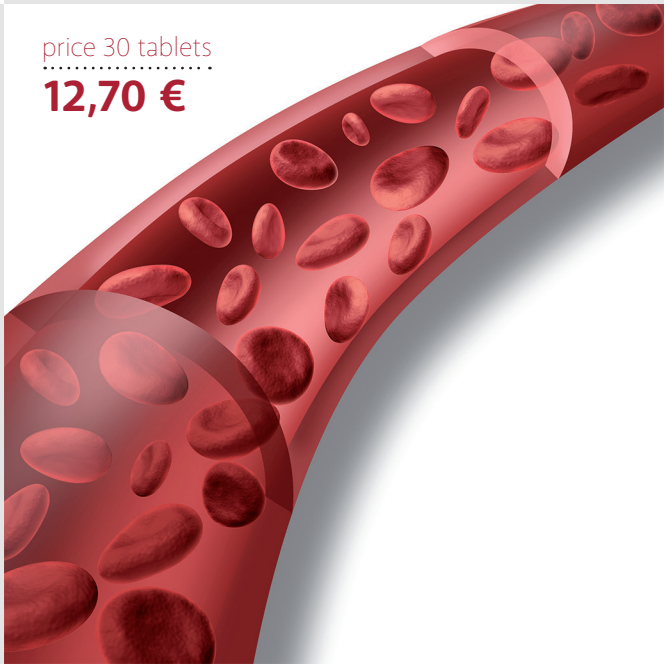
purely natural food supplement developed and manufactured under pharmaceutical supervision

- helps protect the vascular system
- contributes to the reduction of the feeling of heavy legs and the presence of cramps in legs
- active materials of chestnut speed up the reduction of swelling whilst having anti-inflammatory effects, improve venous tone, are used during chronis venous insufficiency, for the treatment of varicose veins and haemorrhoids, speeds up the reduction of blood blisters and works against the origins of thromboses
- black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- vitamin C supports the function of blood vessels and contributes to protection of cells from oxidative stress
- without artificial colouring, sugar, gluten or lactose

The result of long-term, sedentary employment is causing the slowing down of blood flow and subsequently the narrowing of blood vessels which leads to swelling, tingling, the feeling of heavy legs but also myocardial infarctions and strokes. To protect your vascular system means to protect your life.

price 30 tablets

12,70 €



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ESSENS Head'ES

purely natural food supplement developed and manufactured under pharmaceutical supervision

- helps reduce headache
- contributes to an increase in brain activity
- coenzyme Q10 is a substance similar to vitamins occurring naturally in the body, especially in the brain and heart muscle cells, it protects the body cells from premature fatigue and from signs of premature ageing
- ginkgo biloba contributes to the microcirculation of the circulatory system, helps to maintain good memory and improves mental capability
- black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- vitamins B2 and B6 support the activity of the nervous system and reduce the degree of fatigue and exhaustion
- without artificial colouring, sugar, gluten or lactose

Did you know that the human brain consumes 20% of all bodily energy? The cause of headache is the lack of access to oxygen and glucose in the brain, which may be caused by many factors. These include, among other mental and physical strains, smoking, hormonal changes and long-term work with computers. To protect the brain cells means to extend the mental vitality.

price 30 capsules

17,10 €

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ESSENS ES‘Leep

purely natural food supplement developed and manufactured under pharmaceutical supervision

- optimal for people with sleep disorders and trouble falling asleep
- helps to improve the quality of sleep
- extract of hop cones helps fight insomnia
- hormone melatonin, contained in sour cherry, influences daily circadian rhythm, its increase is connected with the urge to sleep
- inositol has soothing and antioxidant effects
- chromium supports the right metabolism of sugars and fats

- black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- ESSENS ES‘Leep is not addictive
- without artificial colouring, sugar, gluten or lactose

Lack of sleep leads to disturbances in mood, decreased alertness, lower job performance, increases the likelihood of errors, traffic accidents and relationship conflicts. In chronic insomnia there is a risk of addiction, but insomnia can result in severe mental illness and depression, which can significantly reduce the length of life. Affording a good night‘s sleep means to indulge the body in much-needed regeneration and this provides important psychological well-being.

price 30 tablets

25,40 €

home phar

ESSENS Hard‘EN

purely natural food supplement developed and manufactured under pharmaceutical supervision

- encourages male erection
- optimal for adult men of all ages
- green tea provides the flexibility of blood vessels
- amino acid L-citrulline significantly increases blood flow to tissues and supports sexual function
- amino acid L-ornithine significantly intensifies the effect of L-citrulline

- black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- to be effective, sexual stimulation is required
- without artificial colouring, sugar, gluten or lactose

Repeated lack of erection may lead to the reduction of male confidence and consequent avoidance of sexual intercourse. Due to embarrassment, discussing this problem with your partner is unlikely, this may often reduce her self-esteem and even lead to the disintegration of a relationship. Preservation of a sufficient erection leads to the fulfilment of the natural sexual instinct.

price 30 tablets

22,80 €

home phar
essens
home
pharmacy

ESSENS Clea‘NS

purely natural food supplement developed and manufactured under pharmaceutical supervision

- natural antiparasitic
- optimal for detoxification
- suitable for the initiation of a proper diet
- medical magnolia acts positively for regular intestinal functions
- enzyme protease from aspergillus oryzae supports the proper splitting of proteins in the digestive tract

- black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- vitamin A maintains the optimum condition of the mucous membranes, including the intestinal tract
- without artificial colouring, sugar, gluten or lactose

The human body is a feast for many species of parasite, whose characterising feature is that they live at the expense of the host. They can occur in any body part, in the intestines, lungs, liver, stomach, but also in the brain, blood, skin, and even the eyes. According to WHO (World Health Organization) parasites are the cause of many human diseases. Cleansing the body from parasites means to prevent the risk of serious diseases.

price 30 tablets

32,50 €

ns vitami

ESSENS Vitamin C

purely natural food supplement developed and manufactured under pharmaceutical supervision

- unique vitamin C with liquorice, strawberry and sweetener
- dissolves very quickly and performs rapidly
- allows unrestricted entry of vitamin C into the body
- thanks to a buffering form it protects the teeth and the mucous membranes in the digestive tract from the otherwise acidic vitamin
- liquorice extract contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- without artificial colouring, sugar, gluten or lactose

Vitamin C is essential to life and maintaining physical health as it helps the human body perform many important functions. Vitamin C deficiency manifests fatigue, prolonged convalescence, impaired wound reparation, and reduced resistance to infections. The important role played by its function in the formation of collagen, leads to beautifully, smooth skin and a youthful appearance. The bodies of athletes have high demands for sufficient vitamin C.

price 60 tablets

11,10 €

ESSENS Detox

NEW IN SPRING 2017

The basis for the three-month ESSENS product line detox is ESSENS Home Pharmacy and combination of products:

1x ESSENS ES'Pure Start, 2x ESSENS ES'Pure, 3x ESSENS Flow'EN and 1x ESSENS Clea'NS.

The uniqueness of the ESSENS Home Pharmacy detox is in the synergy between our top products. These have themselves excellent results in specific applications, but the effectiveness of the four products in complex treatment does not accumulate, but instead multiplies.

What is the detoxification of an organism?

Detoxification is the process by which the body removes the harmful effects of toxic substances and toxic gases. Among these toxic substances are cigarette smoke, chimney smoke, exhausts fumes, pesticides, heavy metals, harmful paints, improper cosmetics, toxins in beverages and foods, toxic medicaments, plastic softeners, hormones but there are many more.

Although the human body possesses the ability to exclude the majority of toxic substances, it is beneficial, from time to time, to help remove the harmful products of metabolism, purify the blood and strengthen the detoxification organs, including the liver, lungs, intestines, kidneys and skin itself.

Why is detoxification important?

Every season brings a different degree of burden to our bodies, especially in winter, which brings the biggest flooding of toxins to our bodies. The human organism is weakened after the winter and also suffers from lack of exercise and sunshine. Significantly weakened skin in winter is sensitive to changes of temperature and dries rapidly. Detoxification promotes an overall higher metabolism, help for the immune and nervous systems and brings the body relief.

price Detox

108,40 €

ESSENS ES'Pure Start

purely natural food supplement developed and manufactured under pharmaceutical supervision

- contains brewer's yeast, which is a source of a comprehensive spectrum of B vitamins
- B vitamins have a positive effect on energy metabolism, reduce fatigue and exhaustion, and contribute to the optimal functions of the nervous system
- without artificial colouring, sugar, gluten or lactose
- the maximum effectiveness of the ES'Pure Start food supplement is achieved in combination with other ESSENS Home Pharmacy products and because of this, is not sold separately.

ESSENS ES'Pure

purely natural food supplement developed and manufactured under pharmaceutical supervision

- combination of active ingredients have a beneficial effect on liver regeneration, which among other things has the function to cleanse the body of toxins circulating in the blood or lymphatic system
- B vitamins reduce fatigue and exhaustion and have a positive effect on energy metabolism
- without artificial colouring, sugar, gluten or lactose

price 30 tablets

18,20 €

lactoferrin

WE ALL BEGAN IN THIS WORLD THE SAME WAY - WITH A PURE AND INNOCENT SOUL. OUR LIVES WERE THEN INFLUENCED BY OUR FAMILY, CULTURE, RELIGION, CENTURY AND ENVIRONMENT. DESPITE OUR VALUES, PRIORITIES AND THE WAY OF LIFE DIVERGING, WE STILL SHARE ONE COMMONALITY THAT MAKES US EQUAL. A WISH. THE SAME WISH WITH THE HIGHEST VALUE - GOOD HEALTH FOR OUR CLOSE ONES. WE WANT YOUR WISH TO COME TRUE. AND SO WE INTRODUCE OUR PREMIUM PRODUCTS. ESSENS LACTOFERRIN.

What is lactoferrin?

Lactoferrin is a multifunctional protein from the family of transferrins (carrier of trace elements such as iron, copper and zinc), which occur naturally in the human body. It is presented in exocrine secretions, particularly in blood plasma and white blood cells.

Lactoferrin can also be found, in small amounts, in **all** bodily fluids and is in fact part of **innate** immunity. Lactoferrin is naturally occurring meaning it is recognised and accepted without rejection. **Furthermore no resistance has yet been recognised. Lactoferrin is effective for all of us, regardless of gender and age.**

ESSENS Lactoferrin is obtained from bovine milk. The reason being is, it's most similar to human milk and has the same effects during comparative tests. The human and bovine lactoferrin differs in only 2 amino acids (it consists of 700 amino acids), while for individual humans this difference can vary up to 8 amino acids.

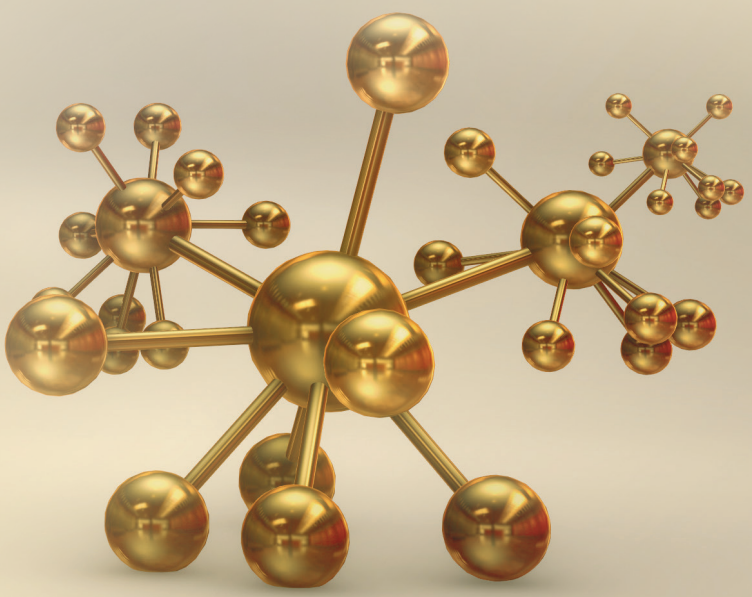
Lactoferrin has a broad range of activity and has a positive effect on the human body. Its main function is bound and maintains constant and equal levels of iron in the body. **At the same time, lactoferrin possesses the following characteristics:**

- antimicrobial (acts against microorganisms)
- antibacterial (acts against bacteria)
- antiviral (acts against viruses)
- antifungal (acts against fungi)
- antioxidant (protects the organism against the harmful effects of chemicals that we face every day)
- acts antiparasitic
- acts against cancer-causing cells
- acts against dangerous radiation
- has an anti-inflammatory effect

The **nativity** (remaining undamaged by heat, enzymes and chemicals during manufacture) of lactoferrin is a very important parameter. We emphasize that our lactoferrin is treated with sophisticated technology and is extracted from from fresh skimmed milk and not from whey, which is a waste material in dairy production.

Another important factor contributing to high quality is the **degree of saturation** by iron (but also copper or zinc) due to optimal regulation and maintaining the constant level of trace elements in the body. Under normal circumstances the saturation of lactoferrin fluctuates between 10 – 30%. If lactoferrin is saturated more than 80%, its antimicrobial and anti-inflammatory effect decreases. ESSENS Lactoferrin passes through a strict control of saturation by iron and its content is a mere 23%, which is very low.

The lactoferrin molecule has another great advantage - it is more stable against acids and enzymes. Any inflammation in the body is accompanied by acidification of inflamed tissue and many active materials (such as antibiotics) lose their effectiveness in these surroundings. But lactoferrin, even within secretions, is **still active and effective.**



BESTSELLER
LACTO
FERRIN
essens
30 tablets

ESSENS Lactoferrin Tablets

purely natural food supplement developed and manufactured under pharmaceutical supervision

- without chemical substances, sugar, lactose or gluten
- only the ingredients of the highest possible and guaranteed quality are used for manufacture
- it is made by special SOFT tabletting technology. This special manufacturing process **doesn't cause** denaturation, and thereby doesn't reduce the activity of lactoferrin. **This special technology of processing lactoferrin is not used by any other company in the world!**
- many years of research has shown, that if we add a special bond of iodine and selenium to lactoferrin, the therapeutic attributes of the tablets are significantly improved
- iodine and selenium are important for proper functions of the immune system, regulating the thyroid and protecting the cells against free oxygen radicals
- sour cherry fruit extract contains active substances that support the maintenance of a good physical condition

price 30 tablets

59,20 €

- helps with acute cold or flu
- has positive effects on intense problems of the digestive tract, such as viral diarrhoea, alimentary diseases, Crohn's disease, ulcerative colitis and celiac disease
- is preventative and protective of the body, for example, during radiotherapy in cancer patients
- helps to remove pathogens from the body (bacteria, viruses, yeasts, moulds and fungi)
- helps strengthen the immune system
- helps in cases of anaemia caused by the lack of haemoglobin in the blood, as it can better use ingested iron, which is important in creating blood cells and haemoglobin
- has a positive effect on the suppression of oxidation processes in the body that cause cell-ageing and cardiovascular disorders
- helps with skin problems (acne, atopic dermatitis, erythema, etc.).

BESTSELLER
LACTO
FERRIN
essens
UNGUENTUM
LACTO
FERRIN
essens
UNGUENTUM

ESSENS Lactoferrin Unguentum

unique healing ointment developed and manufactured under pharmaceutical supervision

- ESSENS Lactoferrin Unguentum is the result of a developed cooperation between PharmDr. Milan Krajíček and other professional scientific medical institutions
- without chemicals, preservatives, stabilizers or colouring
- only ingredients of the guaranteed, highest possible quality are used for manufacture
- unique combination of lactoferrin and virgin olive oil provides optimal hydration, easy coverage and excellent penetration of the skin by the ointment
- supports the accelerated healing of a wide spectrum of injuries such as abrasions, minor cuts, burns, postoperative wounds and bedsores
- helps with infectious, viral, fungal or yeast diseases of the skin and mucous membranes
- helps accelerate the healing of herpetic infections (herpes, mouth ulcers)
- helps with skin problems such as acne, atopic dermatitis, erythema, cracked corners of the mouth and irritated skin around the nose during cold etc.

price tube 10 g

31,00 €

Wound healing on the skin surface or on mucous membranes is a complicated biological process that can be medically categorised into 5 stages:

- haemostasis, the automatic reactive ability of the damaged organism to stop bleeding, a very demanding and effective reaction from the body
- reparative inflammation is the stage of the activation of numerous materials and growth factors that repair or replace damaged or injured tissue
- granulation is the process of forming granulation tissue which progressively fills the wound from its edges, new vessels and a network of collagen are formed
- epithelization is the process of replication and migration of epithelial cells into the unhealed areas of skin or mucous membrane which leads to the formation of a new covering tissue, which replaces the provisional one
- wound remodelling is the final stage when the adequate strength and adaptation to conditions of natural processes within the body is established in the new tissue

The research of medical specialists has come to the conclusion that inflammation is the entrance process for wound healing. Excessively long periods of inflammation or a high inflammatory reaction can lead to poor wound healing and can be a cause of complications in the processes leading to recovery.

ESSENS Lactoferrin Unguentum helps to initiate the first stage of inflammation, and contributes to finishing this stage quickly. It then helps the body into the next phase of healing, whilst additionally contributing to the migration of newly created and healthy skin cells and connective tissue cells for fixation into new, connective networks.

ESSENS Lactoferrin Unguentum belongs among the products that support a damp wound healing. It is connected with other positive influences such as the acceleration of the granulation and epithelization processes. A state with constant pH and temperature is maintained in the wound. The ointment prevents the penetration of infection, limits the activity of reactive oxygen radicals and thanks to the absence of water in the ointment-base, the wound is not macerated.

sun care

WHITE PORCELAIN SKIN IS NO LONGER A SYMBOL OF RICH ARISTOCRATS. THE MAJORITY OF THE POPULATION IS NOW INSTEAD LOOKING FOR THE SHIMMERING SUNRAYS, IN THE SEARCH OF A TANNED FACE AND A BEAMING, SATISFIED AND HEALTHY APPEARANCE. THE SUN ACTIVATES PRODUCTION OF VITAMIN D IN THE SKIN, KEEPS MENTAL WELL-BEING AND IMPROVES MOOD, ALTHOUGH ITS RADIATION CAN BE VERY TREACHEROUS AND MISCHIEVOUS. WE SHOULD REMEMBER THAT HARMFUL RADIATION NEEDS SPECIALISED MEDICAL EXAMINATION OR TREATMENT. THIS RADIATION IS ACCUMULATED WITHIN OUR BODIES, THROUGHOUT OUR LIFE-TIME. WITH THIS IN MIND A CHALLENGE WAS PRESENTED TO CREATE A SUN CARE SERIES TO AVOID DAMAGED SKIN CELLS AND ENSURE HEALTHY, ENJOYABLE SUNBATHING.

ESSENS Sun Care delivers a revolutionary way of sunbathing!

Safer UV protection, optimal protection for sensitive skin and a longer life for your tan!

Meet Eusolex® UV-Pearls®

- totally new concept for UV protection
- UV-PEARLS® are the sunglasses for your skin!
- a patent from a German science and technology company operating in the fields of pharmaceuticals, natural sciences and materials for advanced technology
- organic UV filters are locked in microcapsules, it is a unique micro-encapsulation of sunscreen in silica glass pearls
- encapsulated UV filters remain on the skin surface, which guarantee a high UV protection
- encapsulated UV filters do not come into direct contact with the skin, they are optimal for sensitive skin
- encapsulated UV filters leave the skin feeling smooth and not greasy

Introducing thalitan

- a unique oligosaccharide of plant origin from the seaweed laminaria digitata
- top product from a French company specializing in biotechnology and active substances from sea environments
- helps stimulate tanning while protecting the skin from the harmful effects of the sun
- promotes the production of skin pigment melanin, enhancing UV protection
- contains manganese and magnesium ions, which have antioxidant effects

Why use ESSENS Sun Care?

Going on vacation to the beach or in the mountains? Will you be exposed to the sun?

To achieve optimal results while sunbathing, bronzed skin without burning, minimal wrinkle occurrence and a reduced risk of skin diseases, it is recommended to use the ESSENS Sun Care products as follows:

1. Begin using your first ESSENS Sun Care Tablets 3 days before vacation departure. Take one pill, 3 times a day, after main meals. Finish your remaining tablets during the holiday. These tablets were developed to complement the human body with raw materials that produce brown pigment, accelerate tanning, and help skin remain more tanned and glossy. The unique composition also has a positive effect on the immune system, which may be weakened during excessive exposure to the sun.
2. Prior to the application of our sunscreen, apply our Before Sun Care Gel to your skin. This creates a base for our sunscreen to sit upon ensuring it holds very well and is easily spreadable, further assisting in even protection with the help of UV filters. This gel additionally contains substances which stimulate the skin to produce more vitamin D and melanin - brown pigment.
3. Approximately 15 minutes after applying ESSENS Before Sun Care Gel, it is a good time to apply either ESSENS Sun Care SPF 30 or ESSENS Sun Care SPF 50 to the skin. The protection factor is usually selected according to the skin type and intensity of sunlight, to which it will be exposed. ESSENS Sun Care sunscreens include effective protection against both UVA and UVB rays and contain substances to assist in the accelerated browning of skin.
4. After sunbathing, apply our ESSENS After Sun Care Milk, which is used for skin regeneration. It reduces redness and adds that much-needed hydration, thereby prolonging your tan.

Why follow your skin phototype when choosing the protection factor?

It is a fact, that the number of minutes stated with your phototype is multiplied by the value of your chosen SPF. The resulting number should correspond to the amount of time you can stay in the sun without the risk of burning.

Phototype	Description of skin	Skin's own protective period
1	Very pale, blonde and freckled, almost never tanned, reacts highly sensitively - almost always burns. Blonde or red hair.	5 - 10 Minutes
2	Light, prone to freckles, hardly tans and reacts sensitively - often burned. Bright hair.	10 - 20 Minutes
3	Common natural colour, no freckles. May redden after sunbathing, but tans evenly and rarely gets burned. From dark blonde to medium brown hair.	15 - 25 Minutes
4	Darker skin that tans quickly and the probability of burning is minimal. Brown to black hair.	25 - 35 Minutes
The table is indicative only, it is necessary to to take into account your state of health and other factors.		

ESSENS Before Sun Care Tablets

purely natural food supplement developed and manufactured under pharmaceutical supervision

- helps prepare the skin for sunlight
- supports a good tan
- extends the longevity of your tan
- contains spirulina, a freshwater cyanobacterium which is rich in carotenoids (red-orange pigments) that further extend your tan, spirulina also supports the immune system due to the very high content of vitamins A, B, C, D and E
- amino acid L-tyrosine supports the production of skin pigments and melanin working as a tan "accelerator"
- extract of aloe vera helps to maintain healthy skin
- without artificial colouring, sugar, gluten or lactose

ESSENS Before Sun Care Gel

gently hydrating skin care gel for before sunbathing

- without parabens
- for all skin types
- ensures the hydration of the skin before tanning, prevents the escape of water from the skin during exposure to high temperatures
- ensures smoothing of wrinkles and skin inequalities, thus ensuring an even application of sunscreen with a protection factor
- contains panthenol and thalitan which stimulate the skin into producing vitamin D and skin pigment melanin
- extract of aloe vera penetrates deep into the skin structure, where it perfectly hydrates and regenerates

ESSENS Before Sun Care Tablets and ESSENS Before Sun Care Gel are not sold separately and can be obtained only within the ESSENS Sun Care Set, which contains:

ESSENS Before Sun Care Tablets
ESSENS Before Sun Care Gel
ESSENS Sun Care SPF 30
ESSENS Sun Care SPF 50
ESSENS After Sun Care Milk
ESSENS Sun Care cosmetic bag

price Sun Care Set

109,50 €

SPF 30
price 200 ml
38,00 €

SPF 50
price 200 ml
45,50 €

ESSENS Sun Care SPF 30
ESSENS Sun Care SPF 50

exclusive sunscreens to support a healthy tan

- comprised of revolutionary UV PEARLS® in which UV-filters are encapsulated
- without parabens
- for all skin types, optimal for people with sensitive skin
- offers effective and lengthy protection to skin from UVA and UVB rays
- simple application and rapid absorption
- does not feel greasy
- special adhesive ingredient acts non-stick against sand and clothing
- water resistant
- top thalitan substance stimulates the skin into producing vitamin D and skin pigment melanin
- extract of aloe vera penetrates deep into the skin structure, where it perfectly hydrates and regenerates

ESSENS After Sun Care Milk

soothing after-sun lotion for perfect hydration

- without parabens
- for all skin types, optimal for people with sensitive skin
- extends the tan, nurtures and regenerates the skin
- repairs any damage to the skin and prepares it for another day of sunbathing
- patented ingredient Olivem provides excellent absorption, hydration and a very pleasant feeling after application
- extract of aloe vera penetrates deep into the skin structure, where it perfectly hydrates and regenerates

price 200 ml
18,20 €

perfume
PONOŘTE SE S NÁMI DO SVĚTA VŮNÍ, POZVOLNA SE NADECHNĚTE A VNÍMEJTE JEDINEČNÉ NUANCE OSOBITÝCH PARFÉMŮ, NAUČTE SE PORozUMĚT SVÝM SMYSLŮM A INSPIRUJTE SE NEKONEČNOU PALETOU AROMATICKÝCH SLOŽEK, ZE KTERÝCH PRO VÁS VYRÁBÍME OKOUZLUJÍCÍ PARFÉMY PRVOTŘÍDNÍ KVALITY.
TO BE CONTINUED IN PART I

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